



DISTANCE EDUCATION UNIT
CHRISTIAN MEDICAL COLLEGE
VELLORE





CHRISTIAN MEDICAL COLLEGE, VELLORE

The Christian Medical College (CMC), Vellore was founded at the beginning of the 20th century by Dr. Ida Sophia Scudder for providing health care services to women and children in an India, which at that time, was rife with superstitious beliefs, social demarcations, gender discrimination and very limited healthcare access

From its humble beginnings, CMC, Vellore is today a 3675 bedded hospital with multiple campuses and thousands of health professionals training others to achieve excellence in the fields of education, research and patient care, in the spirit of Christ. CMC has completed 100 glorious years of undergraduate medical education. Presently there are postgraduate and super specialty courses in Medicine, Nursing, Allied Health Sciences and Hospital Management.

“Not to be served but to serve”

Mark 10:42

VISION OF CMC

The Christian Medical College, Vellore, seeks to be a witness to the healing ministry of Christ, through excellence in education, service and research.

MISSION OF CMC

The primary concern of the Christian Medical College, Vellore is to develop, through education and training, compassionate, professionally excellent, ethically sound individuals who will go out as servant-leaders of health teams and healing communities. Their service may be in promotive, preventive, curative, rehabilitative aspects of health care, in education or in research.



DISTANCE EDUCATION UNIT

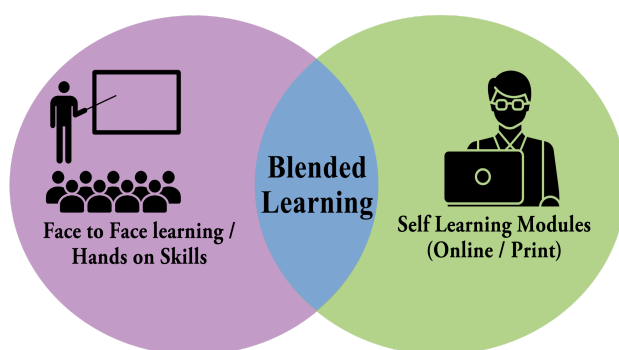
What do we do?

The Distance Education Unit focuses on capacity-building Human Resources for Health (HRH) at all levels of healthcare with a goal to strengthen healthcare delivery systems in India and other developing countries with a special objective to facilitate healthcare access to the poor and marginalised, in the spirit of Christ.

How do we accomplish it?

We deliver our content in a **blended learning format** combining self-learning modules and face-to-face contact programs.

We adopt teaching methods which incorporate adult learning principles through a problem-based, self-learning approach aided by modern education technologies. This methodology has helped in training large numbers without displacing them from their areas of service - bringing education to their doorstep!





Dr. Ida Sophia Scudder

(1870-1960)

First ponder, then dare. Know your facts. Count the cost.

Money is not the important thing.

What you are building is not a medical school.

It is the Kingdom of God.

Don't err on the side of being too small."

- Ida Scudder

OUR COURSES

A candidate cannot be enrolled simultaneously in more than one course run by the Department of Distance Education, CMC Vellore

Post Graduate Diploma in Family Medicine (PGDFM)



A two-year blended learning course with the motto - '**Refer Less, Resolve More**', for equipping General Practitioners in primary health care in both government and private sectors.

Who is it for?

Open to Indian and foreign nationals. All candidates must possess a valid MBBS or equivalent Medical Degree Certificate and a valid NMC / State Medical Council registration. Foreign candidates must be registered with their respective medical council.

There is no entrance test. Special preference is given to those who have served or are serving in areas of need, in government service and sponsored candidates. A maximum of 300 candidates are admitted per year.

What is the course duration?

The course duration is two years. Candidates are required to attend 20 online monthly sessions and three onsite contact programs of 8 days each. Candidates will be assigned one of 14 centers for their contact programs. (Refer to the map for the location of centers).

Contact Centres for Family Medicine Programs



Post Graduate Diploma in Family Medicine for Government Medical Officers (PGDFM-NHM)

A two-year blended learning course with the motto - **'Refer Less, Resolve More'**, for equipping General Practitioners working in primary health care only in government sectors.

Who is it for?

Open to medical officers exclusively working in the Government sector. All candidates must possess a valid MBBS and a valid MCI / State Medical Council registration. Candidates must be in government service while enrolling for the course. The course is conducted under an MoU with the National Health Mission and CMC Vellore to build capacity for Medical Officers with a preference given to those working in primary care settings.

A minimum of 25 candidates needs to be enrolled for an exclusive center to be initiated in the state. There is no entrance test for these candidates. They will be identified and listed by the respective State Health Departments.

What is the course duration?

The course duration is two years. During the study period, there will be periodic online sessions and three onsite contact programs

International Post Graduate Diploma in Family Medicine (I-PGDFM)



The I-PGDFM is a two-year diploma level blended learning course offered as a tripartite partnership between Christian Medical College (CMC) Vellore, India, International Christian Medical and Dental Association (ICMDA) and Loma Linda University (LLU), USA.

The course includes online learning and hands-on training at one of our dedicated contact centres.

Who is it for?

The I-PGDFM is open to international doctors serving in low and middle-income countries. Candidates should possess a basic physician license approved by their respective country to practice allopathic medicine.

A maximum of 50 candidates are admitted per year.

What is the course duration?

The course duration is two years. During the study period, there are monthly online classes and two onsite contact programs of 6* days each.

*Number of days subject to change

Candidates will be assigned one of six centres for their contact programs.

- Bowen University Teaching Hospital, Nigeria
- Mengo Hospital, Uganda
- Harpur Memorial Hospital, Egypt
- Mercy Medical Center, Cambodia
- Bach Christian Hospital, Pakistan
- Christian Medical College Vellore, India

How can I apply?

Applications will be available online. Please visit

<https://icmda.net/>

or

<http://www.cmcdistedu.org/> for further details.

Contact centres for International Post Graduate Diploma in Family Medicine



*“Relevance
Is
Excellence”*

Distance Fellowship in Diabetes Management (DFID)



A one-year blended learning course run jointly by the Distance Education Unit and Department of Endocrinology, Diabetes and Metabolism, CMC Vellore. The course is for capacity building of physicians to provide integrated diabetes care. A unique feature of this course is that each doctor is required to enroll with another healthcare professional who will be trained as a diabetic educator to work together as a team.

Who is it for?

Open to Indian and foreign nationals. Doctors specialized in General Medicine, Internal Medicine or Family Medicine; doctors with Post Graduate Diploma in Family Medicine - PGDFM doctors with MRCGP; mission hospital doctors with any postgraduate degree. There is no entrance test.

A maximum of 75 candidates are admitted per year.

What is the course duration?

The course duration is one year with two contact programs during the study period. The only centre for the contact programs is CMC, Vellore. The first contact program is for six days which is mainly classroom based. It takes place four times a year and the student can choose a slot according to their convenience.

The second contact program is for three days with a primary focus on hands-on training. The second contact program occurs year - round in batches of two - three students each week.

Post Graduate Diploma in Geriatrics (PGDG)

A one-year blended learning course to upgrade the skills of general practitioners and equip them to better manage elderly patients in the primary care setting.



Who is it for?

Currently open to Indian and foreign nationals. All doctors must possess a valid MBBS or equivalent degree and a valid NMC / State Medical Council registration. Physicians in active practice for over ten years will be given preference.

There is no entrance test.

A maximum of 50 candidates are admitted per year.

What is the course duration?

The duration of the course is one year. There are two contact programs; both held in CMC, Vellore for 6 days each.

Post Graduate Diploma in Mental Health (PGDMH)

Post Graduate Diploma in
Mental Health



A one-year blended learning course to equip general practitioners to manage mental health problems in primary care. A unique feature of this course is that each doctor enrolls along with a non-MBBS graduate who will be trained along with the doctor to work together as a team. The doctor will receive a post-graduate diploma, while the non-MBBS graduate will receive a certificate as a mental health worker.

Who is it for?

All candidates must possess a valid MBBS or equivalent degree and a valid NMC / MCI / State Medical Council registration (for Indian nationals) or relevant national regulatory body accreditation for international candidates.

The non-MBBS colleague should be a graduate (of any discipline) who has an interest in mental health work.

A maximum of 40 pairs of candidates (40 MBBS graduates along with 40 non-MBBS graduates) will be admitted per year.

What is the course duration?

The duration of the course is one year and involves online discussion forums and 2 onsite contact programs

Post Graduate Diploma in Rehabilitation Medicine (PGDRM)



A one-year blended learning course to equip general practitioners to care for persons with disability in primary care. A unique feature of this course is that each doctor enrolls along with a non-MBBS graduate who will be trained along with the doctor to work together as a team. The doctor will receive a post-graduate diploma, while the non-MBBS graduate will receive a certificate as a rehabilitation assistant.

Who is it for?

All candidates must possess a valid MBBS or equivalent degree and a valid NMC / MCI / State Medical Council registration (for Indian nationals) or relevant national regulatory body accreditation for international candidates.

The non-MBBS colleague should be a graduate (of any discipline) who has an interest in rehabilitation work.

A maximum of 30 pairs of candidates (30 MBBS graduates along with 30 non-MBBS graduates) will be admitted per year.

What is the course duration?

The duration of the course is one year and involves online discussion forums and onsite contact programs.

Post Graduate Diploma in Lifestyle Medicine (PGDLM)

A one-year blended learning course run jointly by the Distance Education Unit and Department of Medicine 4 (Lifestyle Medicine), CMC Vellore. A unique feature of this course is that each doctor is required to enroll with Allied health professional who will be trained as Lifestyle Medicine Associate. to work together as a team. The course is to equip Doctor and Lifestyle Medicine Associate teams with the attitudes, knowledge, and skills for the practice of lifestyle medicine and to be an advocate for the same.

Who is it for?

Doctor : A valid MBBS degree certificate or equivalent and a valid MCI /NMC/ State Medical Council registration

Associate: Allied health professional (Nurse, Dietitian, Physiotherapist, Occupational Therapist or Clinical Psychologist).

A maximum of 60 candidates are admitted per year

(i.e. 30 pairs - Doctors: 30 and Associates: 30)

What is the course duration?

This is a one-year blended learning distance education course which is both self-paced self-learning and has in-person contact sessions. Candidates will be required to attend two compulsory onsite contact programs (1 week each) during the course period. These are full day sessions using flipped classroom methodology. The only centre for the contact programs is CMC, Vellore.

Post Graduate Diploma in Christian Bioethics

A Two-year blended learning course run jointly by Christian Medical College, Vellore & The Centre for Bioethics, New Delhi). The overall aim of the PGDCBE course is to encourage and to equip learners to become and to be Christ-centered in their approach and practice of their profession, thereby upholding sanctity of life and dignity of humans irrespective of people's socio-economic, cultural, linguistic, literacy and gender differences. In the provision of healthcare in addition to knowledge and skills one might possess, this will enhance the affective aspect of a person thereby enabling one to provide satisfying, wholistic healthcare, in the spirit of Jesus Christ.

Who is it for?

This course is designed for healthcare professionals, lawyers, theologians, management professionals and others with a keen interest in Christian Bioethics meeting the minimum qualification requirements (as below) or their equivalent:

- A. MBBS / B.Sc. Nursing / BDS / MPH
- B. B.Sc./Diploma Allied Health Sciences
- C. LLB/ B.Th / B.Div
- D. PGDHA / FHA / MHA / BBA or MBA (Healthcare Administration)
- E. Any other bachelor's degree

All candidates must possess a valid degree certificate or equivalent. Candidates possessing higher degrees, diplomas, or fellowships can also apply

A candidate cannot be enrolled simultaneously in more than one course run by the Department of Distance Education, CMC Vellore

This course is open to both Indian citizens and foreign nationals irrespective of their faith/religion.

What is the course duration?

The course duration is two years. Candidates will be required to attend three contact programs (2 six-day online + 1 three - day onsite at CMC, Vellore)

Foundation in Dentistry (FID) Course

This course aims to provide fundamental knowledge and practical tips in skills for dental professionals on an online platform. It focuses on teaching the essentials of dental diseases and their management. The course also communicates the principles of patient-centered comprehensive care, building a positive doctor-patient relationship, dental management of the medically compromised patient, and essential skills for starting a dental practice. This course is conducted jointly by the General Dentistry Unit and the Distance Education Unit.

Who is it for?

Open to Indian citizens, NRIs, SAARC and foreign nationals. All candidates must possess a valid BDS/MDS or equivalent degree and a valid DCI registration or registration with appropriate dental council (for international candidates). There will be intake of 2 batches in a year. A maximum of 25 candidates are admitted per batch.

Who is it for?

The duration of the course is three months. Course content to be delivered online as Self Learning Modules (SLM) and there will be 2 online synchronous sessions per week.

Certificate in General Dentistry (CGD)

This one year hands- on course intends to train dentists to provide comprehensive and quality care appropriate to each patient. This is a competency building program for dental graduates to equip them with essential skills required for their practice. This course is run in partnership with the General Dentistry Unit.



Who is it for?

Open to Indian citizens and NRIs. All candidates must possess a valid BDS/MDS and a valid DCI registration. Participation in the Foundation in Dentistry online course is a prerequisite for this course. A maximum of 25 candidates are admitted per year.

What is the course duration?

The duration of the course is one year. The first six months of the course involves hands-on training at CMC, Vellore and may be followed by six months of training in selected CMC network hospitals / hospitals in areas of need or in the main hospital.

Diploma in General and Hospital Dentistry (DGHD)

This course aims to give an opportunity for training in more advanced skills in general dentistry and also in teaching learning methods and mentorship to become trainers and mentors in General Dentistry. This course is conducted jointly by the General Dentistry Unit and the Distance Education Unit.

Who is it for?

Open to Indian citizens and NRIs. All candidates must possess a valid BDS/MDS and a valid DCI registration. Participation in the Foundation in Dentistry online course is a prerequisite for this course. A maximum of 25 candidates are admitted per year.

What is the course duration?

This will be through a 2-year program leading to a Post graduate diploma in General and Hospital dentistry (DGHD). The candidate will continue to work in the mission hospital during the course and will document and audit their clinical and management responsibilities.

The candidate will go through the CGD curriculum, Training of Trainers curriculum and a 3-month clinical posting for training in advanced skills in general dentistry.

Courses for Non-Medical Personnel

Community Lay-leaders' Health Training Certificate (CLHTC)



This is a one-year blended learning course conducted in partnership with CMC's Rural Unit for Health and Social Affairs (RUHSA) and bearing the motto - **'Be a Change Agent'**. The course equips non-medical FBO workers from rural areas in primary health care with an emphasis on disease prevention and healthy lifestyle.

Who is it for?

Open to Indian citizens and foreign nationals. All candidates must have completed twelfth grade; be based in a rural area with limited health care access and have a heart to serve. There is no entrance test.

A maximum of 300 candidates are admitted per year.

What is the course duration?

The course duration is one year. A total of 45 days of contact classes for hands-on training which will be held in 3 sessions of 20+15+10 days respectively, spaced over a one-year period in 18 centres across India. (*Refer map for location of centres*).

Apart from English, the course is offered in Hindi and Tamil

CLHTC Centres



Certificate in Community Mental Health (CCMH)



identify refer follow up

An online course for equipping people with knowledge and skills to identify and care for those with mental health needs in the community. The basics of community mental health have been made simple in seven engaging online modules.

Who is it for?

Anyone with a minimum qualification of 12th Class Pass

Course Intake: Two batches a year, 100 students a batch.

What is the course duration?

Course duration is for 6 months with periodic online sessions

Language : Currently available in English

(Planning for other Indian regional languages in future)

Community Health Promoters' Certificate (CHPC)



A six-month blended learning course to equip community members, teachers, NGO workers to promote health and prevent disease.

Who is it for?

This course is aimed to equip and empower non-healthcare professionals who are in a position to influence their respective communities by:

- Providing health education,
- Engaging in basic preventive and promotive health strategies,
- Being advocates of change in their respective communities in terms of attitudes to health.

The candidates should be able to read and write in English, Hindi or Tamil. Other official state languages will be included in future.

Should have minimum education qualification of Standard 7.

Should have served a minimum of 2 years in their respective community with an interest to continue service there.

Course Intake: Multiple batches a year, maximum of 200 students a year

What is the course duration?

The course duration is 6 months with two onsite contact programs of one week each.

Apart from English, the course is offered in Hindi and Tamil

Courses being Launched soon....

International Post Graduate Diploma in Family Medicine (I-PGDFM) – Other Languages



The expansion of the I-PGDFM course to include Russian, French, and Spanish languages is a significant step towards inclusivity and accessibility in education. This initiative will cater to the diverse linguistic needs of international students, providing them with the opportunity to engage with the course content in their preferred language. This program is a blended learning course in partnership with ICMDA, the Distance Education Unit of Christian Medical College (CMC) Vellore, and Loma Linda University (LLU), USA. By mirroring the format and design of the English course, consistency is maintained, allowing for a seamless integration of the new language offerings. This strategic move not only broadens the reach of the I-PGDFM course but also reinforces the commitment to fostering a multicultural learning environment.

Who is it for?

This course is open to international doctors serving in low and middle-income countries and proficient in either one of the three languages, Russian, French or Spanish. Candidates should possess a basic physician license approved by their respective country to practice allopathic medicine. Regular access to the internet with sufficient bandwidth to download relevant course material and upload assignments is a requirement.

What is the course duration?

This is a two-year blended learning course including online learning and hands-on training at one of our dedicated contact centers in the region.

How can I apply?

Applications for the various language cohorts will be available online as per the below timeline

- French cohort – October 1st 2024
- Russian cohort – December 1st 2024
- Spanish cohort – February 1st 2025

Please visit courses.cmcdistedu.org / icmda.net for further details.

International Post Graduate Diploma in Healthcare Management (I-PGDHCM)

The International Postgraduate blended learning diploma course in Healthcare Management (HCM), offered by CMC Vellore in partnership with Loma Linda University (LLU) and the International Christian Medical and Dental Association (ICMDA). The course focuses on strengthening healthcare systems and hospital management, particularly in resource-limited and rural settings. It features facilitated self-learning with peer group discussions and mentor support to encourage collaboration.

Who is it for?

The I-PGDHCM program course is designed for healthcare professionals, particularly those in low and middle-income countries. Applicants must possess a recognized degree in healthcare or management and have at least two years of relevant work experience.

Course intake: A maximum of 50 candidates are admitted per year.

What is the course duration?

The course is a two-year program designed to develop skilled healthcare managers. The course will be delivered through a blended model that includes self-learning interactive modules, videos, monthly webinars and one onsite observership.

How can I apply?

Applications will be available online from the beginning of December 2024. Please visit courses.cmcdistedu.org / icmda.net

Blended Learning Fellowship in Obstetric Medicine (BLFOM)

To provide a blended learning course to train physicians and obstetricians to diagnose and manage medical complications during pregnancy. This course is jointly run by the Department of Medicine Unit 3 & Obstetric Medicine, Department of Obstetrics- units 3,4,5 and the Distance Education Unit, Christian Medical College, Vellore.

Who is it for?

This program is presently being offered to the government doctors sponsored by the State of Madhya Pradesh

Course intake: A maximum of 60 candidates are admitted per year.

What is the course duration?

It is a one-year blended learning course with online sessions and 14 days of onsite contact programs in CMC Vellore in batches of 20.

BIRD'S EYE VIEW - CMC-DEDU BLENDED LEARNING COURSES

Courses in Family Medicine

- › Post Graduate Diploma in Family Medicine (**PGDFM**)
- › Post Graduate Diploma in Family Medicine for Govt doctors (**PGDFM-NHM**)
- › International Post Graduate Diploma in Family Medicine for doctors (**I-PGDFM**)

Focused Need-based Courses

- › Distance Fellowship in Diabetes Management (**DFID**)
- › Post Graduate Diploma in Geriatrics (**PGDG**)
- › Post Graduate Diploma in Mental Health (**PGDMH**)
- › Post Graduate Diploma in Rehabilitation Medicine (**PGDRM**)
- › Post Graduate Diploma in Lifestyle Medicine (**PGDLM**)
- › Post Graduate Diploma in Christian Bioethics (**PGDCBE**)

Face to Face
Learning / Hands on Skills



**BLENDED
LEARNING**



Self Learning
Modules
(Online / Print)

Courses in Dentistry

- › Foundations in Dentistry (**FID**)
- › Certificate in General Dentistry (**CGD**)
- › Diploma in General and Hospital Dentistry (**DGHD**)

Courses for non-medical persons

- › Community Lay-leaders' Health Training Certificate (**CLHTC**)
- › Community Health Promoters' Certificate (**CHPC**)
- › Certificate in Community Mental Health (**CCMH**)

Courses in the pipeline

- › International Post Graduate Diploma in
- › Family Medicine (**I-PGDFM**) - Other languages
- › International Post Graduate Diploma in Healthcare Management (**I-PGDHCM**)
- › Blended Learning Fellowship in Obstetric Medicine (**BLFOM**)

Be a part of the solution!



How can I apply?

Applications will be available online.
Please visit **courses.cmcdistedu.org**
for further details.



Anything given in the Master's hands multiplies!



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